



# Deboned Chicken

## How To Cook Deboned Chicken

Prep Time: 5 minutes

Cook Time: 75 minutes

Total time: 1 hour 20 minutes

### ***Instructions***

1. Thaw in the fridge overnight before cooking.
2. Preheat oven to 375 degrees
3. Place the meat in the pan breast side down.
4. Cook uncovered for 1 hour 15 minutes
5. After cooked, remove string and serve.

Add 30 minutes to cooking time if frozen.

For Pork Dressing Stuffed Chickens – Bake at 375 degrees for 1 hour covered then an additional 1 hour uncovered.