

Cornish Hens

How To Cook Cornish Hens

Prep Time: 5 minutes

Cook Time: 75 minutes

Total time: 1 hour 20 minutes

Instructions

- 1. Preheat oven to 375 degrees.
- 2. Place the meat in the pan uncovered.
- 3. Bake uncovered for approx. 1 hour 15 minutes.